



**Ellen Story Commission on Postpartum Depression
Supplemental Meeting - January 26, 2022**

MEETING MINUTES

Commissioners present: Co-Chair Representative Jim O'Day, Representative Mindy Domb, Leena Mittal, Rebecca Butler, Margarita O'Neill-Arana, Kerry LaBounty, Lisa Scarfo, Lee Cohen, Liz Murphy, Tiffany Moore Simas, Nadja Lopez Reilly

Commissioners absent: Co-Chair Senator Joan Lovely, Representative Carole Fiola, Representative Kim Ferguson, Representative Liz Miranda, Senator Bruce Tarr, Senator Becca Rausch, Senator Ann Gobi, Senator John Keenan, Timoria Saba, Jessie Colbert, Nneka Hall, Karin Downs, Samantha Aigner-Treworgy, Lauren Almeida, Margot Tracy, Divya Kumar, Julie Johnston, Josh Sparrow, Jayne Singer, Michael Yogman, Jill Fieleke

Others present: Beth Buxton, Nancy Byatt

- I. Welcome and Introductions
- II. Perinatal Mental Health Awareness Day Theme

Coordinator Ashley Healy gave a presentation showing the results of a survey that had been sent out to all commissioners concerning the choice of a theme for the annual Perinatal Mental Health Awareness Day. In creating the survey, Ms. Healy reviewed the suggestions given at the January 12 quarterly meeting and distilled these suggestions into three umbrella themes, and commissioners were asked to select which umbrella theme they preferred.

The theme that was selected most often by commissioners was loosely titled, The Road Perinatal Mental Health Has Traveled and the Path Ahead. Seven commissioners selected this theme in the survey and an additional two commissioners had indicated that they would be okay with any of the three themes. The selected theme would incorporate elements of looking at what has been achieved in the field of perinatal mental health in the past decade, as well as really examining the needs that still exist, particularly with regard to racial inequities and structural racism in perinatal healthcare, looking at what is being done to address them, and what more needs to be done going forward. Ms. Healy stated that decisions surrounding the final theme name and program contents will be made by the eventual Perinatal Mental Health Awareness Day sub-committee.

Ms. Healy called for a vote to approve the theme, as follows:

“Do you approve Option 1, which received the most votes in the commissioner survey, as the theme for the 2022 Perinatal Mental Health Awareness Day?”

The commissioners present voted as follows:

Co-Chair Rep. O’Day - yes
Commissioner Tiffany Moore Simas - yes
Commissioner Rebecca Butler - yes
Commissioner Kerry LaBounty - yes
Commissioner Lee Cohen - yes
Commissioner Leena Mittal - yes
Commissioner Lisa Scarfo -yes
Commissioner Liz Murphy - yes
Commissioner Rep. Mindy Domb - yes
Commissioner Nadja Lopez Reilly -yes
Commissioner Margarita O’Neill-Arana - yes

III. Adjournment