

Postpartum Depression Awareness Day 2017

Embracing the
Diverse Faces of
Prenatal and
Postpartum
Mental Health



Tuesday June 13th 2017

12:00-3:00pm

Great Hall

State House

Sponsored by:

The Ellen Story Commission on Postpartum Depression

Senator Joan B. Lovely

Representative James O'Day

UMASS Depts. of OB/GYN and Psychiatry

Speaking Program

Welcoming Remarks:

Senator Joan Lovely, Senate Chair
The Ellen Story Commission on Postpartum Depression

Representative James O'Day, House Chair
The Ellen Story Commission on Postpartum Depression

Lieutenant Governor Karyn Polito
The Commonwealth of Massachusetts

Nancy Byatt, DO, MBA, MS, FAPM
University of Massachusetts Medical School Department of Psychiatry

Tiffany A. Moore Simas, MD, MPH, MEd
University of Massachusetts Medical School Department of Obstetrics and Gynecology

Speakers:

Heather Forkey, MD – Pediatrician

Heather Forkey, MD is the Chief of the Child Protection Program and Director for the Foster Children Evaluation Service at the UMass Memorial Children's Medical Center and Associate Professor of Pediatrics at the University of Massachusetts School of Medicine. In addition to her clinical work with children exposed to abuse and neglect, foster care and trauma, Dr. Forkey has been the recipient of local and federal grants to address issues of children in foster care and to translate promising practices to address physical and mental health needs of children who have been traumatized. Dr. Forkey publishes and presents nationally on the topic, and her work has been highlighted in the popular press, including Forbes, The Boston Globe and The Atlantic.

Timoria McQueen Saba – Maternal Health Advocate & Postpartum Hemorrhage Survivor

Timoria survived a near-fatal postpartum hemorrhage in 2010. After finding very little resources for birth trauma survivors and their families, Timoria became a maternal health advocate with a focus on the mental and physical effects of birth trauma and pregnancy complications. Timoria has written for several websites, including the Huffington Post, she lobbies Congress along with other maternal health advocates, runs a mother's support group at Milford Regional Hospital in Milford, MA and is currently a volunteer for Postpartum Support International (PSI). Mothers deserve to feel supported and know they are not alone in whatever their personal struggle may be.

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Leena Mittal, MD – Perinatal Psychiatrist

Leena Mittal, MD is an instructor at Harvard Medical School and Director of the Reproductive Psychiatry Consultation Service at Brigham and Women's Hospital and the Associate Medical Director for MCPAP for Moms. Dr. Mittal provides inpatient and outpatient consultations for medical and obstetric patients at the largest birth center in Massachusetts. She has developed a perinatal mental health service in the Neonatal Intensive Care Unit, for mothers with mental health needs, and she has developed a collaborative program for the treatment of opioid use disorder in pregnancy in the obstetric setting which provides treatment that is integrated with prenatal care. Dr. Mittal also collaborates with leaders throughout the state on development of programs to support the treatment of women with perinatal substance use disorders.

Garrick Thames – Father's Advocate

Garrick Thames was born and raised in Boston, MA. As a young child, Garrick watched his mother juggle jobs just to feed her family. Garrick turned to the streets to try to help support the family but instead was affected by drugs, alcohol and prison. Garrick became a father at the age of 17 while he was living the street life. God spoke to Garrick and everything began to change for the better. Garrick is a family man married with 7 children and 2 grandchildren. Garrick obtained his GED, a diploma in Urban Ministry at Gordon Conwell Seminary, and is a published author of a book titled "Why I hated Oprah", a story about him and his mother. Garrick is also a Father's Facilitator for a non-profit organization. Garrick is known throughout the community for his famous line "Live's are meant to be changed, so let's save some!"

Closing Remarks:

Representative James O'Day

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Participating Organizations

- Beverly Hospital
- Brazelton Touchpoints Center and The Brazelton Institute
- Cambridge Center for Families
- Center for Early Relationship Support of Jewish Family and Children's Service
- Center for Women's Mental Health, Massachusetts General Hospital
- The Children's Trust
- Core Values LLC
- The Ellen Story Commission on Postpartum Depression
- The Every Mother Project
- First Connections of Justice Resource Institute
- Greater Lynn Postpartum Depression Task Force
- LC Home Visits
- The Leggett Group
- Lynn Community Health Center
- Massachusetts Department of Public Health
- Massachusetts Lactation Consultant Association
- MCPAP for Moms
- MotherWoman
- North Shore Medical Center Birthplace
- Pentucket Perinatal Mental Health Coalition
- Postpartum Support International
- RESOLVE New England
- UMass Departments of OB/GYN and Psychiatry
- William James College
- Women, Infants and Children (WIC) Nutrition Program of Northern Essex
- Women's Mental Health Division, Brigham and Women's Hospital